



The Society of  
Saint Hilarion Inc  
**AGED CARE**

**NEWSLETTER**  
October 2014

## The 60th Feast of Saint Hilarion



The 60th feast day, celebrated in Adelaide, of St Hilarion is fast approaching.

We are all busily preparing for it to be celebrated by an opening mass on Sunday 19th October at Mater Christi Parish at 10:30am entering the church with the relic of St Hilarion.

The religious celebrations continue with mission mass at Villa St Hilarion

at Fulham on Monday, Tuesday and Wednesday and then back at Mater Christi Parish on Thursday and Friday nights at 7pm. Friday night we will have the traditional candle lit procession throughout the Parish grounds. Sunday the 26th October is when we celebrate the feast day with a street procession around the surrounding streets of the Parish with the statue of St Hilarion and then an open air mass. The festivities carry on throughout the day with various entertainment and activities for all ages culminating in a fabulous evening with "Fortunato" an excellent entertainer from Brisbane.

This is quite an extraordinary event celebrating 60 years. We will be actually celebrating it in grand manner next year in 2015 for the 60th anniversary. It has certainly been a huge accomplishment by all people involved in the feast activities from the first feast in 1955 to today. I am sure that the original founders of the Society of St Hilarion would

never have believed that what they commenced in 1955 as an adoration to their patron Saint of their home town would have evolved into what it is today. With 5 generations of fellow Calabrese and proud Adelaideans celebrating this feast day in great honour. So please come and join us in a day of great friendship and traditional activities.

Remember all funds raised over the 60 years of feasts are what funded the ability for The Society of St Hilarion to so proudly enter aged care and to be able to provide the excellent facilities and services that are enjoyed by our residents and families today.

Buona Festa , Evviva Sant'Ilarione.

Rosemary Velardo,

President of the Society of Saint Hilarion.

## 2014 St Hilarion Melbourne Cup Luncheon

**Tuesday 4th November from 12pm Midday onwards**  
**Tickets just \$65**

Includes a delicious 3 course lunch, bubbly on arrival, sweeps, raffles, competitions and more...

**At the La Vita Cafe Ristorante 345 Grange Road, Kidman Park**

For more information contact Rosa Peters on 0403 480 196 or email [rpeters@sainthilarion.asn.au](mailto:rpeters@sainthilarion.asn.au) for tickets which must be purchased in advance.



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# What's been happening... Residential activities - Villa St Hilarion, Fulham

## CHESTNUTS (CASTAGNE) AFTERNOON

A special yearly event at Villa ST. Hilarion during the winter months is our Castagne (Chestnuts) afternoon.

In many parts of Europe, including Italy, roasted chestnuts are very popular. Our wonderful volunteers prepared the chestnuts and with Alex and



Michael's help they were roasted on the BBQ!!

Residents were given a choice of sitting under the pergola or in the dining room to eat this yummy treat with a glass of wine as is the tradition! Many residents went back for seconds and thirds.

I would like to thank Café Sportive for sponsoring the event.

## WELCOME & HAPPY BIRTHDAY TO FRANCESCO LOPEZ

As we always acknowledge we have a fantastic group of volunteers at Villa St. Hilarion and this young man is no exception!! Francesco has been with us for



almost 6 months. Francesco is a young Italian man who is here from Italy working.

He actually approached us with his desire to give back to the Community that has been so good to him. Francesco also wished to assist elderly people from his own country. Our residents adore him and he is delighted with all his Nonni's!!!!

## Recent St Hilarion events

### NEXT GENERATION COMMITTEE QUIZ NIGHT



Our sincere thanks and congratulations to our Next Generation volunteer group on the success of its inaugural event, a Quiz Night.

Over 200 people of all ages made their way to The House of Saint Hilarion on

Saturday 31st May for a battle of the brains. Topics covered included sport, history, music, famous faces and that old favourite, politics.

Special guests included, Steven Mullighan MP, (Minister for Transport and Infrastructure),

Grace Portolesi former Member for Hartley and City of Charles Sturt Councillors Joe Lenco, Raelene Hanley, Juliann Andriani and Doriana Coppola.

A special mention should be made to all our sponsors which include, The City of Charles Sturt, Altaira Nursing, La Casa Del Formaggio, Parmalat and Festival Hire, along with all the generous local businesses that kindly donated items for our raffle and silent auction.

Around \$11,000 was raised after expenses and for the many who have asked, yes the Quiz Night will be on again in 2015.

### MIX 102.3 FM VISIT

On Wednesday 25th July The House of Saint Hilarion opened their doors and welcomed The Street Crew from Radio station 102.3fm for a visit. 102.3 hosted a campaign / competition called Hangers for Poverty and family

and friends of Saint Hilarion got behind it and kindly donated bags and boxes of pre-loved unwanted items of clothing, shoes and handbags. The Radio station was overwhelmed by the generosity of The Society of Saint Hilarion and commended them on air over the radio station.



We are extremely pleased to announce that we in fact WON the competition and our workplace donated the most items towards the campaign. The radio station contacted Rosa Peters and invited her and 3 work colleagues into the studio to do a live broadcast with the morning crew. After the broadcast the team were given a tour of the studio and treated to a Buffet Breakfast.

# Join us at the House of Saint Hilarion Mini Feast Day

**TUESDAY 21st OCTOBER 2014**

Commencing with Mass at 11:00am in the Scalabrini Chapel followed by lunch.

Gift, clothes, jewellery & zeppole stalls

Entertainment by **Frank Ferraro** & special dance performance by **Gruppo Folcloristico Sinopolese** from 1:40pm

Stalls & entertainment in La Strada at the House of Saint Hilarion  
7 Kelly Avenue Seaton



## Every Generation Festival

Friday 10th October 2014 at Villa St Hilarion  
Farncomb Road, Fulham  
at 1.30PM



Musical trip down memory lane with Frank Ferraro followed by Devonshire afternoon tea. One hour concert, music through the ages in Italian & English. Sing-a-long and dancing. Bookings essential, wheelchair access. Cost \$5.00

## Villa St Hilarion Open Day

21 Farncomb Road Fulham  
Sunday 9th November 2014  
1:30pm – 4:30pm

Community bingo game  
Concert, dancing & sing-a-long  
Italian Radio 531 broadcasting all afternoon  
Open inspection of some units  
Multicultural afternoon tea  
Information booths



### NOVA 91.9FM BIG RED BUS VISIT



On Thursday 26th July The House of Saint Hilarion enjoyed a visit by Radio station 91.9 FM, it was all in aid of a wonderful charity called dollars for Charlie (Blind Dogs). Residents, staff and the wider community were treated to prize giveaways, which included Show down donuts and bottles of coke.

### PASTA NIGHT

On Friday 25th July 'The Ladies Fundraising Committee' in conjunction with Dolci Santi Committee hosted the very popular Pasta Night. It was a huge success with

over 230 people in attendance. Guest were treated to antipasto, 3 different pastas and traditional homemade sweets for dessert.

One of the highlights for the night was a special Tarantella dance performance by Gruppo Folkloristico Calabrese under the guidance of Cultural Dance Teacher Rosa Peters, which consisted of 10 young children aged between 2 and 13 years old.

Overall the Pasta night was a fantastic success raising over \$9,000 for Aged Care.

### HIGH TEA

On Sunday 3rd September The House of Saint Hilarion hosted a Ladies High Tea Afternoon for 40 guests at Ticked Pink, Unley. On arrival guests were served Pink Mocktails followed by a hot frittata, tiers of assorted yesteryear sandwiches, cupcakes, sweets, slices, chocolates and scones with jam and cream, all served with a selection of tea and coffee. The afternoon was a huge success and \$1,000 was raised towards Aged Care.

## RESIDENTS' BUS APPEAL

We have currently raised \$45,000 towards our bus appeal, please help us in reaching our goal to \$65,000. To donate to this appeal, please contact Rosa Peters on 8409 1500.



# What's been happening... Residential activities - House of St Hilarion, Seaton

## MAGGIE BEER VISITS SAINT HILARION

On Sunday the 24th August Maggie Beer visited the House of Saint Hilarion. Maggie has expressed an interest in the nutritional needs of older people over the past few years, developing new recipes and recommendations to create and deliver tasty, nutritious meals for older people. Maggie was interested in the organic garden, meeting with residents, cooks and kitchen staff and gave us helpful tips and advice.



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# Health & Wellness Expo

**Wednesday 8th October 2014**  
**10am - 3pm**  
Come celebrate the opening of the new Saint Hilarion state-of-the-art Smart Card Gym  
At the House of St Hilarion, 7 Kelly Avenue, Seaton

## WELLNESS EXPO

St Hilarion has been a very busy and exciting place with the instalment of the Wellness team. The Allied Health and Lifestyle teams have come together for the overall health and wellbeing for all residents, staff and families.

Some of the exciting editions the Wellness Team have been working on are resident and family cooking classes, pet therapy, crochet, Men's club, Pilates and Yoga classes as well as increasing one on one time being spent with residents.

We would like to extend an invitation to all to attend the Saint Hilarion Wellness Expo on October the 8th 10am-3pm.

*The Wellness Team*

## WORLD CUP SOCCER

It was an exciting time at St Hilarion during the FIFA World Cup in Brasil. There were a number of activities such as the World Cup Parade and a nail-biting penalty shoot out between the residents. The shoot out was very close with the winners receiving a medal and the official

cutting of the FIFA World Cup Cake!

On Sunday 15th June at 7:00am, the match between England and Italy was telecasted on the big screen at The House of Saint Hilarion in the Community Room. Doors were opened to the public and 25 people joined in the festivities.

Despite the early start, it was lovely to see members of the community, residents and staff sitting together and watching with anticipation as England and Italy went head to head in a fantastic match.

The morning was a great success with all patrons enjoying themselves.

# We Welcome two new members of staff

We welcome to Saint Hilarion two new members of the Management Team, Adam Hooper & Val Farrugia.



## Director, Business & Partnerships – Adam Hooper

Adam joined us on the 30th June, taking on the new position of Director, Business and Partnerships. With significant experience in developing businesses to reach their full potential, Adam has built a diverse range of experience and knowledge across the finance, not for profit and building industries. He will provide focus to the commercial operation of Saint Hilarion, particularly as we build further our services.

Most recently he was General Manager for Maxxia, a specialised Asset Management and Workplace Benefits provider, where he led the South Australia and Western Australia operations in the delivery of superior products and services.

“Working for Maxxia was a great experience, it was fast paced

and highly competitive, it really made me focus on high quality service and products as the key to success. I believe that the services we offer our residents, families and the community in that regard are the same and I am delighted to join the team.” Adam said.

Adam has volunteered on several boards and committees as he developed his understanding and enthusiasm for the not-for-profit sector.

Married to Lynne, a Registered Nurse, he has two children, Lauren and Matthew, both at high school. We hear that Adam is a novice weekend road warrior, taking up road bike riding last year. So watch out as I am sure he will be making the most of our location, riding around the area, particularly when the weather gets warmer again.

## Operations Manager – Val Farrugia

Valentine (Val) joined St Hilarion Aged Care on 1st July as Operations Manager. Val has worked in the aged care industry since 2006 and brings with him the knowledge and experience of similar roles. He also has 20 years experience in the private sector working mainly in the hardware

industry which has provided him with the skills required for business operations.

Val’s most recent role was as Quality and Risk Manager for ECH where he was able to bring about changes to the organisation to ensure stable systems and processes were in place. While Val has worked in the private sector for a number of years, he has developed a passion for the Aged Care industry and making a difference to the lives of residents.

Val is married with two daughters, Michaela and Annalise. His wife Raffelina works as an Administration Officer for an Allied Health Service, but, does some of her best work keeping the family organised and on track. One of Val’s hobbies is Home Renovating, having fully renovated and extended their family home over the last 20 years.



## The Society of Saint Hilarion Inc. Aged Care proudly presents:

SSH Care – is The Society of Saint Hilarion Inc. Aged Care wholly owned and operated Community Services division servicing the Western Suburbs of Adelaide.

Continue living independently in your home through our tailored at-home services, including:



- Personal Care and Assistance
- Nursing
- Domestic Services
- Garden and Home Maintenance
- Transport
- Social and Wellness programmes
- Physiotherapy, Podiatry and Occupational Therapy

For more details, please contact the Society of Saint Hilarion Inc.  
SSH Care on 8409 1500 or email Adam at [ahoopers@sainthilarion.asn.au](mailto:ahoopers@sainthilarion.asn.au)



## Corporate Networking Group

The Saint Hilarion STAR CLUB is an exciting Corporate Networking Group. Join the growing list of highly respected companies who have become STAR CLUB members and enjoy the great range of benefits for your business, including the opening of new commercial opportunities. Phone 8409 1500 to enquire about joining!

### DIAMOND



### PLATINUM



### GOLD



### SILVER



## DIRECTOR OF CARE UPDATE by Caroline Russo & Thuy Phan



Firstly, a big welcome to all our new staff who have joined the team at Saint Hilarion for both sites. We hope you all have a long and happy association with our company.

We are currently preparing for Accreditation at Villa Fulham and Seaton in January.

We have introduced a new quality system, which looks at all 44 outcomes of the Accreditation

Standards and assists us to identify areas for improvement. It also allows us to closely monitor our quality of care, staff performance and resident satisfaction. The main focus is on continuous improvement and we invite everyone including residents, families, staff and visitors to forward any suggestions of how we can improve our service.

We welcome compliments and if there are any concerns please let us know.

You may have noticed some fresh new young faces around the place in the form of RN students from UNISA and University of Adelaide on placements. They have a lot to offer us being able to assist our staff with care, meals and lifestyle, whilst learning what

the role of the RN in an Aged Care workplace is all about. They have been very positive about their experiences here and some have been employed as Carers whilst they finish their degree.

We now carry out much of our Staff Development in-house. This enables us to tailor our sessions to suit the specific of our residents at Saint Hilarion and so far staff feedback has been very positive.

