



Introducing our new Director of Care Services Caroline Russo

We are delighted to welcome aboard our new Director of Care Services, Caroline Russo, who started with Saint Hilarion Aged Care at the end of February 2013. A Registered Nurse and Registered Midwife, Caroline brings with her a wealth of skills and experiences gained across the health and aged care sectors.

Most recently she was Manager of an aged care facility in Aberdeen, Scotland, where she was responsible for managing 100 staff and also overseeing the overall operations and resident care. "I thoroughly enjoyed this role which certainly had its share of challenges," said Caroline. "Major changes had to be implemented to improve both the level of care and operational efficiency but I was delighted that we worked as a team and over a two year period of transition were able to deliver the outcomes sought."

Caroline has also worked as a Clinical Manager and Educator at the Philip Kennedy Centre at Largs Bay, while she also held senior positions at the Ashford and Western Hospitals. Key strengths include her experience in managing staff and coordinating major programs, including the Graduate Nursing Program which she oversaw for a number of years at the Ashford Hospital. She has worked in the regional communities of Streaky Bay and Gawler in the earlier years of her career.



Caroline Russo, Director of Care Services

When not at work, Caroline enjoys keeping healthy, cooking, eating out, live theatre, concerts and going to the movies. A keen traveller, she also enjoys getting away every so often. We welcome Caroline to the Saint Hilarion community and look forward to her involvement with our residents, their families, our staff and volunteers.

Congratulations to Antonio and Elisabeth Romeo



As members of the Saint Hilarion community, we are sure you will join with us in congratulating Antonio and Elisabeth Romeo (pictured left) on recently being awarded Order of Australia Medals (OAM) in the General Division for their service to the community for their support of a range of community organisations.

Saint Hilarion is one of a number of not for profit organisations that has received very generous support from Tony and Lisa, as they are known to us, and their sons Paul, Anthony and Joseph who are all fellow owners and directors of Romeo's Retail Group.

The Group owns and operates 27 Foodland and IGA stores across Adelaide and Sydney, with their 28th store and third store in Sydney, set to open soon. We salute Tony and Lisa on their well deserved recognition and encourage those in our community to support their local Romeo's Foodland or IGA store.

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Carnevale a big hit!

Crowds once again flocked to this year's Carnevale festival at the Adelaide Showgrounds, with 25,000 visitors over the two days. The Saint Hilarion tent was running at maximum capacity for most of the weekend, especially on Sunday when there was a line that was four persons deep for most of the day.

We may be a little bias, but we think our zeppole are the best you will find in Adelaide, and this year it was sales of the sugar and cinnamon variety that was simply amazing. Rosemary Velardo, Society President commented, "It was a fantastic weekend and I would especially like to thank our 60 volunteers who made such an effort to ensure the Carnevale was very successful for Saint Hilarion."



No one works harder at Carnevale than Mario Deguisa.



Well Done Rosa!

Our congratulations to our Lifestyles Coordinator at Seaton, Rosa Peters (pictured left with one of our residents, Cecilia) who, together with husband Scott, won first prize of a South Pacific Island Cruise in our Major Lottery. One would think this is the ideal time for a romantic getaway, but we've learned they will be taking their five children with them! Our thanks to Flight Centre Henley Beach for generously donating the major prize.

Hey Hey it's Italian!

Hey Hey it's Italian will be a huge night of live comedy, audience participation and music from one of Adelaide's most popular bands, Shaken not Stirred, while guests will enjoy a superb 4 course meal and premium beverages.

Featuring a special appearance from Michael from *Fat Pizza*, a strong comedy component will reflect on the humorous side of being Italian and will have appeal to all persons – Italian, Australian or anyone else. The energy behind this event comes from Italian DJ and entertainer Joyce, along with Daniela Fontanarosa and Ross Monteleone, who have generously offered to donate part proceeds of the event to Saint Hilarion Aged Care. See attached flyer for all information including how to purchase tickets.



Proudly supporting  **The Society of Saint Hilarion Inc AGED CARE**

 **shaken NOT stirred** **DANIELA**
Look at her face

PRESENT...

HEY HEY *it's* Italian

Non Stop Entertainment
Italian Comedy
Live Band & Dinner Dance
Special Guest Appearance by
Michael from 

STARTS 6.30PM
1st June 2013
TIX \$100
4 Course Meal
Drinks Included

 **The Grand Ballroom**
443 Tapleys Hill Rd, Fulham Gardens

BOOK NOW! CALL DANIELA: 0401 348 603
ROSS: 0418 850 159 OR BALLROOM: 8235 0688




Our Fulham Choir Shines!

Inspired by our Lifestyles Coordinator, Rosi Manzella, ten of our Fulham residents, together with participation from Sister Luneme and a number of volunteers, have formed a popular choir with the aim of entertaining their fellow residents and also visitors to the Villa.

Such is the quality of their performances, in February the choir was invited to the Campbelltown Nursing Home to sing. Rosi organised a bus and eight of our residents, together with Sister Luneme and her guitar, and volunteers Pina Chiera, Anna Pala, Isabella Giorgio and Angel, made the trip to the north eastern suburbs where they were warmly greeted.

With Sister setting the tone, the choir sang many of the classic Italian songs loved all over the world, including *Santa Lucia*, *La Reginella* and *Volare*. The appreciation shown was very enthusiastic and when the concert had finished, residents from the two facilities spent time together over a generous afternoon tea before making the trip back west and a good sleep that evening.



Seated in front are residents Imelda and Grazia, in the rear are volunteers Angel and Pina and standing, Anna. Sister Luneme is on the guitar.

High Demand for Beds at The House of Saint Hilarion

We currently have a high demand for beds at our Seaton facility. We understand that moving into a nursing home is a stressful time for older people and their families and that once the decision has been made, people want to have a bed immediately in their preferred facility. Unfortunately, we are not always able to provide a bed when people need them because we do not have a suitable bed available. We need to make sure that the appropriate environment is provided for new residents so, for example, we cannot place people in need of a secure dementia care area in the general areas of the nursing home. If you have any questions relating to the management of the waiting list or the allocation of beds please call Rita Cavallaro on 8409 1500 or on rcavallaro@sainthilarion.asn.au

Don't miss our 2013 Quiz Night!

7.00pm, Friday 3 May 2013
The House of Saint Hilarion, Seaton
Tickets \$15 per person
(tables of 10)

Our fabulous annual Quiz Night, run by our Saint Hilarion Next Generation Committee is taking place this year on Friday 3 May 2013. Last year this event sold out a month in advance so get in quick to secure your table of 10. Sorry but there will be no sale of tickets on the night.

This is not quite your typical quiz night and there will be lots of audience participation and interaction, games, a silent auction and of course, some fabulous prizes to be won. Bring along a hamper of food and enjoy premium beer, wines and soft drink from our bar at very reasonable prices.

Phone John Tobin at Saint Hilarion on 8409 1509 or email jtobin@sainthilarion.asn.au to secure your table today!

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Insurance Brokers

Special thanks to the
Corporate Members of our

Saint Hilarion
Star Club



Corporate Networking Group

The purpose of the St
Hilarion STAR CLUB
Corporate Networking
Group is to:

- ★ Assist businesses and organisations in non-competing industries to do business with one another.
- ★ Promote the brand, products and services of our STAR CLUB Members across the South Australian business and retail community throughout the year on an ongoing basis.
- ★ Provide STAR CLUB members with introductions to Saint Hilarion suppliers and other corporate connections.
- ★ Hold interesting events with high profile special guests from industry, politics, sport, the media and other areas of interest, where our members will have the opportunity to meet and mingle in intimate surrounds.

If you wish to enquire about joining this exciting networking Club which can offer your business real benefits, please call St Hilarion Aged Care on 8409 1509 to speak with our Director Marketing & Business Development, John Tobin or email jtobin@sainthilarion.asn.au

STAR CLUB Corporate Networking Group

DIAMOND



PLATINUM



GOLD



SILVER



BRONZE



Welcome to new members

- ★ **Albert Sand & Metal** has everything you need in building supplies, landscaping supplies, rubbish skip hire – and all can be delivered to your door. Sand and gravel, rubble and pebbles, soils and mulches, compost and bark chips, cement and lime. They also stock garden and masonry tools, glues, grout, reinforcing mesh and rods, bricks and pavers and more. And don't forget **ringAbin** when you need a skip.
- ★ **Tony's Wholesale Flowers** was established in 1989, starting from a small operation to become a key supplier of flowers in South Australia. Located at Mile End in a 6,500 square meter state of the art facility that allows for total Cool Chain Management, their main market is the middle corridor of Australia, distributing flowers throughout South Australia and the Northern Territory to major supermarkets, fruit and vegetable stores, convenience stores and florist shops.
- ★ **ECAS** offers environmentally friendly systems for the potabilisation, disinfection and the bacteriological sanitisation of waters by eliminating bacteria, viruses, fungi, single cell algae and also bio-films generally found in all piping of any material.
- ★ Proudly "independent of brand" **CAREMMUNITY** offers carers in Aged Care and the general community access to best practice advice and best in class products across the entire medical, continence and general consumable range. Areas of speciality include continence care services; education services; medical, general and continence supplies; and community wellness events.
- ★ **Haggle Co** and the new **Haggle HUGE** Superstore at Port Road Woodville Park. Beserk prices, stunning products - furniture, rugs, mattresses, outdoor furniture and baby products. Check out the Haggle Co website which highlights their extensive product range, store locations and opening times.