



The Society of
Saint Hilarion Inc
AGED CARE

Embracing Life

NEWSLETTER

June 2012

Our Residents Keeping Active

It has been a busy couple of months at St Hilarion Aged Care, with our Diversional Therapy teams at Seaton and Fulham organising a wide variety of activities and events for the enjoyment of our residents.

While regular activities take place every day in the mornings and afternoons at both facilities, we also regularly incorporate special activities such as shopping excursions, winery trips and picnics.



A recent visit to Serafino Winery at McLaren Vale proved very popular with our residents Angelo, Julienne and Kevin.

On Friday 11 May at Villa St Hilarion Fulham, our effervescent Rosie Manzella staged a special Mother's Day afternoon tea party and concert to mark this important day on the calendar. Frank Ferraro played all the popular English and Italian classics which ensured there was lots of singing and dancing, and our residents were provided with plenty of energy thanks to the lovely pink lamingtons which were prepared fresh that day in our kitchen.

A huge raffle was also a major highlight, although there was a slight hiccup when Rosie's daughter Angel, aged 9, won a fancy bottle of grappa based liqueur. Hopefully Mum kept that one for herself!

Not to be outdone, on the following Saturday at The House of St Hilarion, Seaton, we also held a Mother's Day celebration with music man Frank Ferraro providing another fabulous afternoon of singing and dancing. Our creative Diversional Therapy Coordinator Rosa Peters and her team oversaw the day which provided a real trip down memory lane, while the Tarantella was as popular as ever with many of our residents and their family members getting up for this classic Italian folk dance.

Now for all those history buffs out there, did you know that the origins of the Tarantella are owed to the bite of a common type of wolf spider in the town of Taranto in Apulia, which was popularly believed to be highly poisonous and led to a hysterical condition known as tarantism. The stated belief in the 16th and 17th centuries was that victims needed to engage in frenzied dancing to prevent death from tarantism using very rhythmic and fast music. This particular type of dance and the music played became known as the Tarantella.

But back to 2012, in early April our Fulham and Seaton Diversional Therapy teams combined their talents to put on our fabulous annual Easter Bonnet Parade at The House of St Hilarion. The day commenced with Rosary and Mass service in the Scalabrini Chapel and following this, everyone mingled around the various food and gift stalls in La Strada.

Residents, families and members of the community were then entertained in a lively concert, while the many children present (as it was school holidays) also provided lots of laughs. We wish to thank everyone for their support and commitment in helping us raise over \$1,000 and most importantly, it was a fun filled day enjoyed by all.

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2012 Pasta Night

Friday 13 July 2012 @ 7.00pm

The Grand Ballroom

443 Tapleys Hill Road, Fulham Gardens

Tickets just \$30

Available from John Tobin on 8409 1509.

Tickets must be purchased in advance, no sale on the night.



The Society out in the Community

May is an important time for the St Hilarion community, where we celebrate the miracle of rain worked by Ilarion at Afroditon during his lifetime around 330 AD and which was repeated at Caulonia in the Region of Calabria on 14 May 1855.

Commemorating these milestones, on Sunday 20 May the Society of St Hilarion held a special Mass and lunch to honour and thank our many Society volunteers who have helped us over the past year.



Sisters Quintilia, Luneme and Dora at our recent Volunteers lunch. Together with Sister Celida, they provide wonderful spiritual and physical support for our residents.

Also in May in honour of our Mother Mary, we held the Month of May Rosary, overseen by the Franciscan Sisters of St Anthony: Sisters Dora, Luneme, Quintilia and Celida. Together with Fr Luca, who resides at our Villa St Hilarion Fulham, each night the Sisters visited Society members and friends' homes to recite the Rosary with the community. Our sincere thanks to all those who opened their doors and also to the Sisters and Fr Luca for their dedication to this important season, and to Carmel Stefano for scheduling the visits.

Acknowledging our Volunteers

This past year our volunteers helped us raise a combined total of \$43,000 after expenses from the Feast of St Hilarion and Carnevale festivals.



Long time volunteers Fred and Mary Piscioneri on their way to our May Volunteers Lunch.

Additionally, our Next Generation Committee has raised \$61,000 since holding their first event in February 2011, including two very popular Quiz Nights, while our Ladies Committee has helped to raise a further \$67,000 over the past year with events including our popular Melbourne Cup Luncheon, Masquerade Ball and Pasta Night. Our sincere thanks to all our volunteers for your wonderful efforts.



Many St Hilarion Aged Staff members were on hand to enjoy our 2012 Quiz Night, run by our Next Generation volunteer group, including (back row) CEO Jane Pickering, Joanna Overbeek, John Stoiber, Sue Gorecki and front, Nicole Cox and Jackie Walker

Meet the Staff:

Gemma Girke

Gemma is one of our very experienced Registered Nurses and has been with us since 2008.

Gemma is of German and Italian heritage, with her grandmother on her mother's side of the family having lived in the small town of Costalto di San Pietro di Cadore in the very north of the picturesque Dolomites. With her bloodline we note that the German influence has blessed Gemma with skills of precision and efficiency, while the Italian connection has instilled in her great passion and commitment and, we hope for the sake of her family, good culinary skills.

Gemma was born in North Adelaide and when she was only a few months old moved with her family to the small town of Ki Ki which is on the Dukes Highway on the main road to Melbourne. She lived there for 16 years, with her family making a living by farming sheep and cattle and growing lucerne, while Gemma attended Coomandook Area School.



Gemma with one of our residents, Domenica.

After moving to Adelaide, Gemma trained to become a Registered Nurse with post graduate renal (kidney) qualifications after training at the Queen Elizabeth Hospital. She recalls, "Working in the renal unit with Dr Tim Matthews, who is a world recognised leader in the field of kidney health, was a valuable experience."

Thanks to Lions Club of Charles Sturt

Saint Hilarion wishes to thank the Lions Club of Charles Sturt for a donation of \$4,750 to enable us to purchase a new lifter.

The Lions do great work right across the community and we are especially grateful to the President of the Charles Sturt branch, Tim Colgan and fellow member, Tolley Wasylenko, for their interest in our work.

Lions Club of Charles Sturt President, Tim Colgan with St Hilarion Aged Care CEO, Jane Pickering.

The Gift of Giving

As we approach the end of the financial year, please consider making a donation to enable us to purchase new equipment to help us provide the best possible care for our residents.

To make a donation, you can call John Tobin on 8409 1509 in confidence, or post a cheque to St Hilarion Aged Care, PO Box 4114, Seaton SA 5023. Thank you.



Louise and Elna, two of our dedicated carers.

After 12 years at the QEH, Gemma decided to study Natural Therapies while having a family, and she worked as both a practitioner and trainer for a number of years, especially in the field of massage therapy. In 2002 Gemma returned to the acute care setting when she worked in the Cardio-Thoracic Surgical Unit at the Royal Adelaide Hospital where she spent six rewarding years. It was following this appointment that Gemma made the transition to the aged care sector when she joined St Hilarion and where she is now a highly valued member and leader within our nursing team.

Outside of work, Gemma enjoys cooking, travelling and maintaining a link with her Natural Therapy training, yoga and meditation. She also spends a significant amount of time caring for her elderly parents and doting after the family's considerable number of pets.



Special thanks to the
Corporate Members of our

Saint Hilarion
Star Club



Corporate Networking Group

The purpose of the St
Hilarion STAR CLUB
Corporate Networking
Group is to:

- ★ Promote the services and important role played by St Hilarion in one of the fastest growing sectors in South Australia.
- ★ Facilitate businesses and organisations in non-competing industries to do business and network with one another.
- ★ Promote the brand, products and services of our STAR CLUB members across the South Australian community throughout the year on an ongoing basis.
- ★ Raise funds to directly support our service provision, especially through the purchase of capital equipment (eg lifters, mobility aids etc for our residents).

Topical and innovative STAR CLUB forums are held on a regular basis, featuring special guests from industry, politics, sport, the media and other areas of interest. If you wish to enquire about joining this exciting new networking Club which can offer your business real benefits, please call St Hilarion Aged Care on 8409 1509 to speak with our Director of Marketing and Business Development, John Tobin.

STAR CLUB Members

PLATINUM



GOLD



BRONZE



Welcome to new members

- ★ We are delighted to welcome the highly respected **Clinpath Laboratories** as a Gold level STAR CLUB Member. Clinpath is a well established private pathology practice, providing laboratory services to general practitioners, specialists, private hospitals, and aged care facilities across Adelaide.
- ★ We also acknowledge **Peter Elberg Funerals**, well known to most in the St Hilarion community, as a new Silver level STAR CLUB Member. Founded in 1988 and very much a family company, Peter, Damien, Claudia and the team are committed to service excellence, underpinned with individual care and absolute integrity.

We also welcome aboard new Bronze level STAR CLUB members:

- ★ **Adelaide Airport Limited:** a major economic contributor to Adelaide's western suburbs, serving more than 7 million passengers annually with efficient, comfortable and world-class services. The airport's state-of-the-art terminals, with highly flexible check-in and gate facilities, has been named Australian Capital City Airport of the Year in 2006, 2009 and 2011.
- ★ **Crispy Fresh:** a premium supplier of quality fresh and processed fruit and vegetables, sourcing the freshest produce from the Adelaide Produce Market and local growers. Crispy Fresh supplies private and corporate customers ranging from child and aged care facilities, including St Hilarion Aged Care, through to remote mining and exploration sites.
- ★ **Future Proof:** is a specialist business advisory practice that assists organisations of all sizes in their pursuit of business objectives — including Strategic, Human, Organisational, Sales and New Business Development, Marketing, Commercialisation and Relationship Development.
- ★ **Sun Fusion:** this highly experienced and professional solar electricity installer delivers safe, efficient and robust solar panels systems for home and business, sourcing the finest panels and inverters from around the world at competitive prices.